

# SECOND SIGHT SELF - DEFENSE

**Second Sight  
Self Defense**  
28239 Plymouth Road  
Livonia, MI 48150

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[www.secondsightselfdefense.org](http://www.secondsightselfdefense.org)

**Mission Statement:**  
*To teach the visually  
impaired effective  
personal protection  
skills, build self-esteem  
and personal confidence.  
To promote  
independence and total  
personal growth through  
a positive and enriching  
learning experience.*

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Tao of Wing Chun Do  
a non-profit 501c3 organization

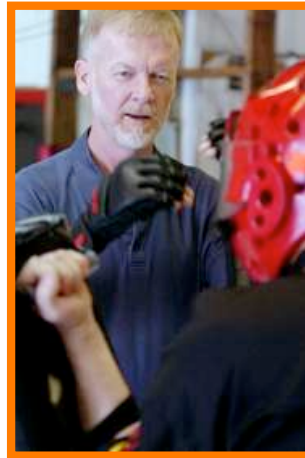
# Second Sight Self-Defense for the Visually Impaired

**Tuesdays at 12:00pm at Ambrose Academy in Livonia**  
28239 Plymouth Road between Inkster & Middlebelt Roads



Learning Chi-Sao  
(Sticking Hands)  
Reading through Touch

Offensive Technique  
Seeking the Center



Finding the Opponent  
Hitting Center Mass



Other Skills:  
Cane Work  
Wooden Dummy  
Footwork



Do you know someone that can benefit from this program? Can you help by becoming a sponsor or partner to bring this program to the visually impaired? For more information email [sibok@ambroseacademy.com](mailto:sibok@ambroseacademy.com) or 734-422-4420